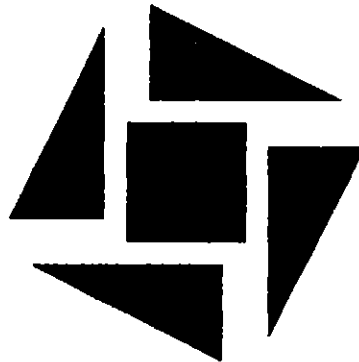


**THE**  
**LIFESTREAM**  
**LETTER**

**VOL. 8.1 - 1997**  
**LIFESTREAM ASSOCIATES**  
**70 SABLE CT.**  
**WINTER SPRINGS\*FL 32708-4117 USA**  
**TEL/FAX: 407-699-1672**



**Contents**

***Spirit Possession Syndrome***

***Extraterrestrials and Dark Attachments***

***CE-VI: Close Encounters of the Possession Kind***

***Dehaunting Houses***

**Articles by Dr. William Baldwin  
of The Center for Human Relations**

## SPIRIT POSSESSION SYNDROME

The condition of spirit possession, (that is, full or partial takeover of a living human by a discarnate being) has been recognized or at least theorized in every era and every culture. In 90% of societies worldwide there are records of possession-like phenomena (Foulks, 1985).

Extensive contemporary clinical evidence suggests that discarnate beings, the spirits of deceased humans, can influence living people by forming a physical or mental connection or attachment, and subsequently imposing detrimental physical and/or emotional conditions and symptoms. This condition has been called the "possession state," "possession disorder," "spirit possession," or "spirit attachment".

Earthbound spirits, the surviving consciousness of deceased humans, are the most prevalent possessing, obsessing or attaching entities to be found. The disembodied consciousness seems to attach itself and merge fully or partially with the subconscious mind of a living person, exerting some degree of influence on thought processes, emotions, behavior and the physical body. The entity becomes a parasite in the mind of the host. A victim of this condition can be totally amnesic about episodes of complete takeover.

A spirit can be bound to the earth by the emotions and feelings connected with a sudden traumatic death. Anger, fear, jealousy, resentment, guilt, remorse, even strong ties of love can interfere with the normal transition. Erroneous religious beliefs about the afterlife can prevent a spirit from moving into the Light because the after death experience does not coincide with false expectations or preconceived notions of the way it is supposed to be.

Following death by drug overdose, a newly deceased spirit maintains a strong appetite for the drug, and this hunger cannot be satisfied in the non-physical realm. The being must experience the drug through the sensorium of a living person who uses the substance. This can only be accomplished through a parasitic attachment to the person. Many drug users are controlled by the attached spirit of a deceased drug addict.

Many spirits remain in the earth plane due to a lack of awareness of their passing. At the time of death several choices are available for the newly

deceased spirit. It can follow the direct path to the Light described in the near death experience. If there is an attached spirit the process may be more difficult. The newly deceased being can carry the attached earthbound to the Light thereby rescuing this lost soul.

Often, the deceased is able to break away from the attached earthbound spirit and go to the Light alone.

After this separation occurs the earthbound can be lost again, wandering in the lower astral plane, often described as the gray place or the intermediate place. It can await the next incarnation of the being to whom it was attached. The entity can locate the being in the new incarnation and reconnect. This repeated attachment can occur for many lifetimes of the host. However, the earthbound can just as quickly attach to another unsuspecting person after separating from the former host at the time of death.

If the newly deceased spirit cannot break away from the attached spirit or hasn't strength enough to carry it into the Light, it can become earthbound also, with the original earthbound still attached to it. This pair can then attach to another living person. After death, the spirit of this person also may be prevented from reaching the Light due to the nested, or layered, attached spirits. This spirit becomes part of the chain of earthbound spirits that can compound until it numbers in the dozens, even hundreds.

An attachment can be benevolent in nature, totally self serving, malevolent in intention, or completely neutral. Attachment to any person may be completely random, even accidental. It can occur simply because of physical proximity to the dying person at the time of the death. In about half the cases encountered in clinical practice it is a random choice with no prior connection in this or any other incarnation. In the remainder some connection can be found, some unfinished business from this or another lifetime.

Even if there is some prior interaction between the host and the attaching entity, the attachment only perpetuates the conflict and carries little possibility for resolution, though every experience has the potential for learning of some kind.

Most people are vulnerable to spirit attachment on many occasions in the normal course of life. Some investigators in this field estimate that between 70% and 100% of the population are affected or influenced by one or more discarnate spirit entities at some time in their life.

Any mental or physical symptom or condition, strong emotion, repressed negative feeling, conscious or unconscious need can act like a magnet to attract a discarnate entity with the same or similar emotion, condition, need, or feeling. Anger and rage, fear and terror, sadness and grief, guilt, remorse or feelings of the need for punishment can invite entities with similar feelings.

Severe stress may cause susceptibility to the influence of an intrusive spirit. Altering the consciousness with alcohol or drugs, especially the hallucinogens, loosens one's external ego boundaries

and opens the subconscious mind to infestation by discarnate beings.

The same holds true for the use of strong analgesics and the anesthetic drugs necessary in Surgery.

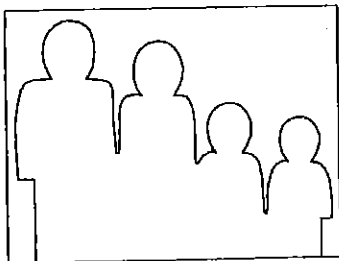
A codeine tablet taken for the relief of pain of a dental extraction can sufficiently alter the consciousness to allow entry to a Spirit.

Physical intrusions such as surgery or blood transfusion can lead to an entity attachment. In the case of an organ transplant the Spirit of the organ donor can literally follow the transplanted organ into the new body. Physical trauma from auto collision, accidental falls, beating or any blow to the head can render a person vulnerable to an intrusive Spirit.

The openness and surrender during sexual intercourse can allow the exchange of attached entities between two people. Sexual abuse such as rape, incest or molestation of any sort creates a vulnerability to Spirit invasion. Violence during the sexual abuse increases the likelihood of intrusion by an opportunistic spirit.

A living person can have dozens, even hundreds of attached spirits as they occupy no physical space.

They can attach to the aura or float within the aura, outside the body. If any part of the body of the host has a physical weakness the



earthbound can attach to that area because of a corresponding weakness or injury to the physical body of the Spirit prior to death. A spirit can lodge in any of the chakras of the host, drawn by the particular energy of the chakra or by the physical structures of that level of the body.

Connection with an earthbound spirit may be established by the purposeful choice of either the spirit or the living human due to a strong emotional bond between them in this life or in a previous lifetime together. A grieving person can welcome the spirit of a dear departed one only to find the consequences unbearable.

A living human can be affected by an attached spirit in many different ways. The discarnate entity retains the psychic energy pattern of its own



ailments following death and can produce in the host any mental aberration or emotional disturbance and any symptom of physical illness.

Erratic or inconsistent behavior can result from a shifting of control between separate entities. This behavior is similar in appearance to the phenomenon of switching between alters in multiple personality disorder (MPD). This condition can be extremely confusing and frightening for a person and for their family.

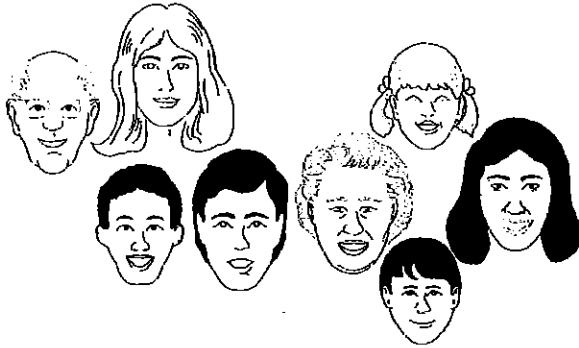
An attached entity can be associated with any emotional track of a living person such as anger, fear, sadness, or guilt. The emotional energy of the entity intensifies the expression of a specific emotion, often leading to inappropriate overreactions to ordinary life situations.

A sub-personality, that is a splinter or subordinate personality, can maintain a connection with an entity who came in at the chronological age when the sub-personality splintered away from the main personality due to a traumatic experience. The discarnate spirit may have joined at the time of the emotional trauma to help the child in the time of need. The continued connection with the entity prevents healing and integration of this sub-personality into the main personality system.

The mental, emotional and physical influence of an attached entity can alter the original path of karmic options and opportunities of the host. It can disrupt the planned life line by hastening death or prolonging life, thus interfering with any specific checkout point. An entity of the opposite

gender can influence the sexual preference and gender orientation. An attached entity can influence the choice of marriage partners and the choice of a partner for an extramarital affair. Many areas of a person's life can be influenced by one or more attached entities. In short, spirit attachment can interfere with any aspect of the life of the unsuspecting host.

The host is usually unaware of the presence of attached spirits. The thoughts, desires and behaviors of an attached entity are experienced as the person's own thoughts, desires and behaviors. The thoughts, feelings, habits and desires do not seem foreign if they have been present for a long time, even from childhood. This is a major factor in the widespread denial of the concept and lack of acceptance of the phenomena of discarnate interference and spirit attachment, obsession or possession. This is equally true for people in general and for professional therapists.



In most cases, a person can only experience and acknowledge the reality of the condition after an attached entity has been released. The realization may come some months after a releasement session as the person suddenly notices the absence of a familiar attitude, desire, addiction or behavior. The symptoms of spirit attachment can be very subtle. An attached spirit may be present without producing any noticeable symptoms. Yet attached entities always exert some influence ranging from a minor energy drain to a major degree of control or interference. Complete possession and takeover can result in Suppression of the original personality. The earthbound spirit does not replace the rightful spirit in the body in such a case, it just usurps control. An attached earthbound spirit cannot maintain life in a human body after the original spirit being has separated from the body in the transition of death.

A newly formed spirit attachment is usually more obvious to the unfortunate host. An attached entity can cause any of the following Signs and Symptoms:

1. sudden onset of drug or alcohol usage,
2. unusual and inappropriate speech, accent or foreign or unknown language,
3. any behavior patterns inconsistent with normal conduct,
4. unfamiliar reactions to familiar situations,
5. repetitive and unusual movements of the body which are experienced as beyond one's control,
6. unusual physical sensations or symptoms in the absence of a medically sound organic cause,
7. loss of the normal sense of one's personal identity,
8. a feeling that a spirit of some kind or another person has taken over control of one's mind and/or body,
9. noticeable personality changes, however slight, following surgery, organ transplant, accident, emotional upset or moving into a new home.

As a result of a newly formed spirit attachment or possession, physical appetites for food, sex, alcohol or drugs can increase drastically. Personal attitudes and beliefs can suddenly change as can taste in clothing. The voice and even facial features and appearance can alter dramatically.

These sudden changes in behavior can be a factor in convincing the most skeptical person that there is an attached entity. Many people have the mistaken notion that there must be some bizarre outward signs caused by an interfering spirit such as depicted in the movie *The Exorcist*, based on the book of the same name. The movie depicted a true case, but some symptoms and behaviors of the girl actually came from two other cases, added for dramatic impact. The incidence of such violent possession is rare.

Spirit attachment does not require the permission of the host. This seems to be a violation of free will. It also appears to refute the popular notion that each person is totally responsible for creating his or her reality and that there are no victims. The apparent conflict here stems from the definitions of permission and free will choice. Ignorance and denial of the possibility of spirit interference is no defense against spirit attachment. Belief or

lack of belief regarding the existence of intrusive entities has no bearing on the reality of these beings and their behavior.

In denial and ignorance, most people do not refuse permission to these non-physical intruders. Individual sovereign beings have the right to deny



any violation or intrusion by another being. With limited, if any, knowledge and distorted perceptions of the nature of the spirit world, the non-physical reality, many people leave

themselves open and create their own vulnerability as part of creating their own reality.

*It is fashionable today among many "New Age" enthusiasts to attempt to channel some higher power, a spirit teacher or master who will use the voice mechanism of any willing person to speak "words of wisdom".*

*Some use the terminology "for my highest good" when calling for a spirit to channel through. This activity constitutes permission and welcome for a discarnate spirit.*

The identifiers such as "master" and "teacher" and qualifiers such as "for my highest good," will be claimed by the entities as personally valid identifications, qualities or attributes. Unfortunately, some opportunistic spirits who respond to this invitation refuse to leave at the end of the channeling session.

An afflicted person may report hearing voices, internally or externally, or having spontaneous visual images of bizarre or frightening faces or figures. Recurring dreams of being chased, being urged to commit suicide by someone, often a loved one who was a victim of suicide, may suggest the presence of an entity. A dream image of a person injecting something into the veins may be an attached entity's recall of the last memories before death.

During a session, a client described awakening suddenly from a vivid dream in which she was a man who was shot by another man. Unlike most dreams of death in which the person emerges from the body before the moment of death by falling, crushing, or auto accident, in this dream, she, as the man, saw the gun fire, felt the pain of the bullet impacting the chest, fell to the floor, then stood up Out of the dead body. He was very angry. This was the entity's experience.

The clinical procedures and interventions of Spirit Releasement Therapy seem to facilitate the release of the attached spirit entity. After successful completion of the process, the imposed symptoms are alleviated partially or fully, often immediately and permanently.

The following case is an example of a phobia imposed by an entity. The woman was a child of ten at the time of the attachment. This session was done as a demonstration before a hypnosis training class.

At 40, Amy suffered terribly from the fear of flying. She had come by ground transportation to the class, which was held in a location over a thousand miles from her home. At one time she would vomit if she even had to drive to an airport, but with hypnotherapy she released that problem. Still, she could not get near an aircraft. Hers was a severe case.

- **Client:** *Well, I have this terrible fear of flying. The panic showed in her eyes as she described the feeling.*
- **Therapist:** *What happened?*
- **Client:** *I was maybe ten years old and I was at an air show. And a helicopter crashed just a hundred feet in front of me. I watched the pilot burn. It was the first time I realized I was psychic. As he came over the top Of the curve to come down in this maneuver I saw that he wasn't going to make it and I yelled at him in my mind. 'Pull out! Pull out! You're going to crash!' And he did, the helicopter lust crashed right there in front of me!*
- **Therapist:** *Is the pilot still here? Is the pilot still here now?*
- **Client:** *No, he died. I was ten years old.*
- **Therapist:** *I know. Is the pilot still here now?*
- **Client:** *(pause) Well, maybe he is.*
- **Therapist:** *How do you feel, as you think about flying?*
- **Client:** *I get a queasiness in my stomach.*
- **Therapist:** *If that queasiness could speak, what would it say?*
- **Client:** *(shouting) I can't get out! I can't get out! I can't get out! I can't get out! I can't get out! I can't get out! I can't get out! I can't get out! (pause)*
- **Therapist:** *What's happening?*
- **Client:** *I can't get out! They can't get me out! (pause)*

- **Therapist:** *What's happening now?*
- **Client:** *(more calmly) Well, I'm outside watching my body burn. They couldn't get me out. The controls were shoved in my gut. I couldn't get out."*
- **Therapist:** *What's your name?*
- **Client:** *Robert.*

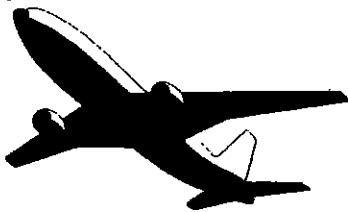
Robert had followed Amy home because she was very upset. He had a daughter her age and he understood the anguish she felt. So he followed her home to comfort her. As he reached his hand out to her to soothe her, he just slipped inside. He was attached and couldn't leave. Soon, Robert was trying to run the household.

- **Client:** *She was lazy. I wanted her to work more. I tried to get her to do her school work more. Her dad was a real...he was a real jerk. Boy, I would have hit him, if I could. (pause) But now, she works too hard.*

In this statement, Robert revealed his vulnerability. He was tired of his situation. The therapist recognized this vulnerability and used it as the entry point for the release procedure.

- **Therapist:** *Robert, you sound like you're very tired.*
- **Client:** *Yeah I really am.*

When directed to focus his awareness upward, Robert quickly perceived the Light and he went into it, taking with him the physical sensation of queasiness from Amy's guts. This had been the residue of the crash when the controls rammed into his belly.



One of the class participants asked Amy, "How is your fear of flying now?"

**Amy:** *I think it's gone... I think I'll fly home.*

The phobia disappeared with the entity who had brought it as he went home to the Light. Many people experience automatic writing, during which the hand and arm seem to be under separate control by an outside force. Mediumship or channeling presents the phenomenon of control by a separate consciousness often speaking with a voice that is distinctly different from the person's

normal speaking voice. Several other behaviors considered as psychotic or drug-induced symptoms by the American Psychiatric Association are specific signs and symptoms of spirit attachment and can often be eliminated by releasing the attached spirit.

A diagnosis of schizophrenia is based on certain symptoms defined as psychotic. This includes delusional thinking such as: thought broadcasting, the belief that one's thoughts can be heard by others; thought insertion, the belief that someone else has inserted thoughts in one's mind; hallucinations, some visual, some more commonly auditory such as hearing voices; being under the control of a dead person or other outside force. (American Psychiatric Association ;APA,1987, pp. 187-198). Multiple personality disorder and schizophrenia are distinctly different conditions. Delusional thinking is absent from the diagnostic criteria for MPD. The essential features of MPD include a disturbance of identity and memory and the presence of two or more distinct personalities within the person. These personalities may claim different gender, race, present different IQ, age, even specific mental disorders, and claim a different family of origin. The belief that one is possessed by another person, spirit or entity may occur as a symptom of MPD. The separate personalities may be able to function individually and be totally unaware of the others (APA, 1987, pp. 269-272). Psychiatrist Scott Peck seems to confirm the condition of demonic possession in some of his patients. He calls for another diagnostic category for these people he feels are evil to be included in the Diagnostic and Statistical Manual of Mental Disorders of the American Psychiatric Association. In a 389 page dissertation, Craig T. Isaacs (1985) states that present DSM-III categories of psychopathology are inadequate to describe the cases of demonic possession that he studied and described. The differential diagnosis of these three conditions requires an intelligent assessment of the signs of MPD, a critical evaluation of the ostensible psychotic symptoms that partially define schizophrenia, and also must include the consideration of discarnate influence or spirit obsession, possession or attachment as a factor. Certain manifestations of the three conditions are similar enough to appear identical. The etiology and

history of the afflictions are vastly different. the outcome of prognosis depend on the correct diagnosis and appropriate treatment.

Some interesting similarities become obvious when comparing spirit possession syndrome, or SPS, and multiple personality disorder, or MPD. An earthbound spirit attachment can develop at any point after a being leaves the planning stage in the Light, even prior to conception, at any time during a lifetime, and before arriving at the review stage in the Light after death. Dissociation and formation of alter personalities in MPD is nearly always the result of childhood trauma.

Though some steps in the therapeutic process are similar, the final goals of treatment of the two conditions are distinctly different.

### SPIRIT POSSESSION SYNDROME and MULTIPLE PERSONALITY DISORDER

#### Multiple Personality Disorder

The concept of divided or multilevel consciousness has been studied extensively In recent years. Ego states, subordinate personalities, or "sub personalities" are active in the daily functioning of a healthy individual. However, an emotional trauma can cause parts or "fragments" to split from a normal personality. These partial personalities, or sub-personalities, retain the person's age and characteristics at the time of the split. They strive to fulfill the unfulfilled need that led to the split, and continue to maintain the emotional mood of the traumatic event. These sub-personalities are literally stuck or frozen in the incident.

Sub-personalities do not become the personality in charge nor do they take control of the behavior. Rather, they manifest as subconscious urges, and can cause variations in mood, physical energy, or sociability, likes and dislikes in food and drink, unusual eating habits, and many other aspects of physical and emotional conditions and behavior. In cases of extreme physical, emotional, or sexual abuse during childhood years, the dissociation can become complete, resulting in two or more separate and distinct personalities. The alter personali-



ties "switch" as each recurrently comes and takes full control of the person's behavior.

This condition is termed multiple personality disorder, or MPD. between 95% and 100% of diagnosed multiple personality cases have a history of childhood incest, torture or other abuse. Only in recent years has the brutal reality of child molestation, incest and Satanic cult ritual abuse come into public and professional awareness. Pavelsky and others estimate that one out of three females are sexually molested by age eighteen. Coincident with the increasing recognition of widespread child abuse is the growing acceptance of MPD as a tragic consequence in many cases of this trauma. Currently, the condition is more often recognized, correctly diagnosed, and successfully treated as a specific mental disorder.

In the dissociation of MPD, reality contact maintained through either the central or primary personality or an alter personality. The split is said to be massive or molecular; that is, each alter personality is complete, or nearly so, with memory of its own history and relatively distinct and integrated behavioral and interpersonal patterns. Each alter personality has its own psycho-physiological profile, which may include pain response; handedness; ability to heal and rate of healing; response to any given medication; allergic reactions; eyeglass prescription; diseases such as diabetes, epilepsy, and arthritis, including swollen joints; appetites; and tastes in food and drugs. In rare cases, one or more of the alter personalities speak and converse in a foreign language, modern or archaic, totally unknown to the primary personality. These cases are labeled responsive xenoglossy and suggest an intrusion by a discarnate personality.

Dissociation is considered a coping mechanism for a traumatic or overwhelming, stressful situation. Not all people who suffer this kind of abuse develop MPD.

It seems to depend on the capacity to dissociate in response to the post-traumatic stress of the abuse. Dr. Richard Kluff has developed a "four-factor theory" of the etiology of MPD. The four factors he deems necessary for the development of multiple personality are:

1. A biological capacity of dissociation
2. A history of trauma or abuse

3. Specific psychological structures or contents that can be used in the creation of alternate personalities
4. A lack of adequate nurturing or opportunities to recover from abuse.

Dr. Bennet Braun has proposed the 3-P model of the development of the disorder:

Two predisposing factors are hypothesized as necessary:

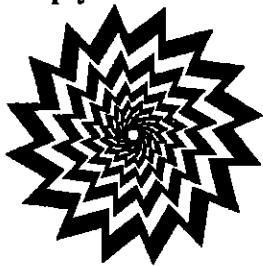
1. an inborn biological/psychological capacity to dissociate, and repeated exposure to an inconsistently stressful environment.
2. A precipitating event must occur -a specific overwhelming traumatic episode to which the potential MPD patient responds by dissociating

The perpetuating phenomena are interactive behaviors, usually with the abuser, that continue for an unspecified time and are beyond the control of the abused.

Hypnosis is presently the most reliable and efficient way of discovering, diagnosing and treating MPD. This treatment modality was fully accepted as a valid therapeutic modality by the American Dental Association and the American Medical Association in 1958, and by the American Psychiatric Association in 1962. However, its revival and general acceptance have been slow in coming. The stigma of Franz Anton Mesmer ("mesmerism") and the acrimony surrounding the birth of modern hypnosis still cloud the image of hypnotherapy, as does the indiscriminate display by stage hypnotists. The modern use of hypnosis is little understood by most psychotherapists, physicians and psychiatrists. Only about 100/0 of practicing

mental health professionals utilize this technique. Many professionals still deny the existence of MPD, or explain it away with some other diagnosis. Two separate studies have shown that correct diagnosis

of MPD is established an average of 6.8 years after the patient first enters therapy.



### SIMILARITIES BETWEEN MPD AND SPS

The study of Multiple Personality Disorder (MPD) cannot be complete without a serious examination of the condition known as Spirit Possession Syndrome (SPS). Comparison of MPD and SPS reveals some indisputable similarities. Some signs and symptoms of the two conditions are quite similar, some are distinctly different. Most mental health professionals have considerable skepticism regarding both conditions.

The classic symptoms of MPD may be muted and attenuated in childhood. The condition is often ignored, misunderstood, misinterpreted or misdiagnosed. A child's complaints and behavior are frequently disbelieved or passed off as childhood fantasy, and may lead to punishment.

Recognizable symptoms may begin to manifest in the late teens, but the condition is often not discovered and accurately diagnosed until the mid to late thirties. Approximately 650/c of cases are found between the ages of 20 and 40. The condition has a natural history from the original traumatic episode(s) to full manifestation of symptoms of MPD. The person with MPD usually holds a poor self-image of mental and physical health. cases of MPD in the United States may number in the thousands.

The earthbound spirit of a deceased human can form an attachment to a living person at any point between conception and death. The mental, emotional and physical health of the host has no bearing on the potential for an attachment. Many cases of SPS are discovered in therapy while searching for the cause of a chronic problem or unexpected new conflict in the life of the client. Some phases of the treatment of MPD and Spirit Release therapy have a parallel intention, yet the final goal is totally different. For the alter personalities in MPD, the final step is either integration and fusion or at least cooperation and co-consciousness. For the condition of spirit attachment, only the release of the spirit can bring relief of the symptoms.

William James spoke on "Demonic Possession" in his 1896 Lowell Lectures. Recapitulating his previous lecture, "Multiple Personality", he mentioned three types of mutations in the sense of self; insane, hysteric, and somnambulistic. the fourth type, he said, is spirit control, or mediumship,



which in the past had been equated with devil worship and pathology.

He continued:

*History shows that mediumship is identical with demon possession. But the obsolescence of public belief in the possession by demons is a very strange thing in Christian lands, when one considers that it is the one most articulately expressed doctrine of both testaments, and...reigned for seven teen hundred years, hardly challenged, in all the churches. every land and every age has exhibited the facts on which this belief was founded. India, China, Egypt, Africa, Polynesia, Greece, Rome, and all medieval Europe believed that certain nervous disorders were of supernatural origin, inspired by gods and sacred; or by demons - and therefore diabolical. When the pagan gods became demons, all possession became diabolic, and we have the medieval condition.*

In James' day, there was "...much alarmist writing in psychopathy about degeneration," and he suggested that "...if there are devils, if there are super-normal powers, if is through the cracked and fragmented self that they enter." Referring to the spiritualistic activities of Boston and New York in 1896, James states that the diabolic nature of demon possession now "...has with us assumed a benign and optimistic form, [in which] changed personality is considered the spirit of a departed being coming to bring messages of comfort from the 'sunny land'."

James further stated that:

*The refusal of modern "enlightenment" to treat "possession" as a hypothesis to be spoken of as even possible, in spite of the massive human tradition based on concrete experience in its favor, has always seemed to me a curious example of the power of fashion in things scientific. That the demon-theory will have its innings again is to my mind absolutely certain. One has to be "scientific" indeed to be blind and ignorant enough to suspect no such possibility.*

James' prescient forecast concerning the "demon-theory" is proving true. Dr. Ralph Allison, considered a pioneer in the modern treatment of MPD, says bluntly that many of his multiple personality patients have exhibited symptoms of possession. He has described his encounters with aspects of their personalities which were not true alters. He found it difficult to dismiss these bizarre occurrences as delusion. With no "logical" explanation,

he has come to believe in the possibility of spirit possession.

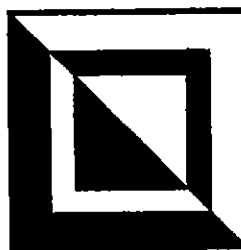
Allison describes numerous cases of apparent spirit possession in MPD. He has developed a conceptual scheme which distinguishes five levels or types of possession:

1. Simple obsessive compulsive neurosis.
2. Thought forms and created beings.
3. An aspect or fragment of the mind of a living person.
4. The earthbound spirit who once lived as a human being.
5. Full demonic possession.

Dr. Allison states that he has corresponded with many professionals who have come to similar conclusions about the origin and purpose of alter personalities.

Arthur Guirdham, an English psychiatrist who is also psychic, has been in practice more than 50 years and refuses to consider the possibility of MPD as a viable diagnosis. He considers the condition to be possession by one or more spirit entities. He considers psychic influence or spirit possession to be the cause of many kinds of illness, mental and physical and other conditions such as sleepwalking and addiction.

It is interesting to note that the three subjects - hypnosis, spirit possession, and multiple personality disorder - were quite prominent at the turn of the century, then faded almost simultaneously into obscurity. With the publishing of the book, *The 3 Faces of Eve* (Thigpen & Cleckley, 1957), MPD once again came into public awareness. Hypnosis was accepted by the health professions in mid-century. treatment of spirit possession never ceased but continued quietly through the years without much publicity.



The connection between spirit possession and MPD was brought back into public and professional awareness by psychiatrist Ralph Allison (1980). Included in his book is a chapter entitled, "Possession and the Spirit World." He describes the effects of spirit interference and the process of releasing the discarnates. Though considered an expert in the field of MPD, he has been criticized by many of his

colleagues for considering the spiritual approach to the clinical treatment of MPD.

Dr. Richard Kluft has coined the term *co-presence*, meaning an alter's ability to influence the experience or behavior of another personality. This describes precisely the effect of an attached earthbound spirit on the host.

Walter Young described a case of ostensible adult onset of MPD. Duane, a veteran of World War II, began having dissociative episodes after being discharged from the navy. Duane did not drink or use drugs. He described an inner voice that had been present since the war which sometimes advised suicide.

Duane had an unhappy childhood but there were not the usual precipitating factors leading to MPD. Duane and a friend named Max joined the navy together. In a tragic episode, Duane ordered Max to stand Duane's gunnery watch. A Japanese plane strafed the area and Max was fatally wounded. Duane was with Max in the last moments and heard Max promise, "*I'll never leave you.*" Duane felt responsible for the death of his friend.

With Duane under hypnosis, "Max" claimed to have entered Duane because Max held Duane responsible for his death. He claimed that he had a score to settle with Duane because "it wasn't my time to die." He denied the presence of any other alters. He acknowledged that he was the "voice" that Duane heard. He took control occasionally and Duane was amnesic during these periods. Max lived a hedonistic lifestyle when he was in control of Duane's body, riding motorcycles, having affairs with women, and urging Duane to leave home on repeated trips. This fits the definition of co-presence described above.

Previous psychiatric records revealed that a dissociative condition was suspected. Max revealed that the former psychiatrist knew of his presence and had attempted to "banish" him. He just went away briefly and returned after the psychiatrist was gone. This is the result of inadequate knowledge of the releasement process.

Duane left therapy with Dr. Young after three months. His anxiety increased as hypnotic sessions were pursued with the intention of exploring the war and early life experiences.

In the discussion, Dr. Young suggests several unusual aspects of the case. Adult onset of MPD is

little studied, little understood and considered rare. A single alter in a case of MPD is highly unusual. His discussion attempted to explain the case in psycho-analytic terms but without concrete conclusions. The description of the case of Duane and Max is typical of spirit attachment. There are many specific indications, including the following:

1. There was no history which would indicate the antecedents of MPD.
2. The two were friends.
3. Duane was present at the time of Max's death.
4. Duane felt guilt, Max felt blame. This is an exact fit of emotions.
5. Max promised "*I'll never leave you.*"
6. Max stated that he had entered Duane. This is a clear description which the therapist must accept as valid.

The voice urged suicide as a way of assuaging the blame and guilt and achieving peace for both. This is typical of the influence of the dark beings exacerbating the feelings of revenge. The idea of achieving peace is a manipulative deception. With Max in control, Duane was amnesic of the lifestyle adopted by Max. This is a case of occasional complete takeover.

Max knew he was a separate being and resisted the former psychiatrist's efforts to banish him. Max was not at all confused by the situation. The situation worsened with further inadequate and inappropriate treatment. Psychiatric intervention was obviously the wrong treatment approach for the condition.

Spirit attachment, or possession, is not affected by standard medical treatment, and traditional psychotherapy simply does not apply. Psychiatric intervention, especially the use of mind altering drugs, can exacerbate the condition. A process of releasing the attached entity is the treatment of choice and indeed the only successful method of alleviating the problem. The process is gentle, logical, methodical, systematic and grounded in sound psycho-therapeutic principles.

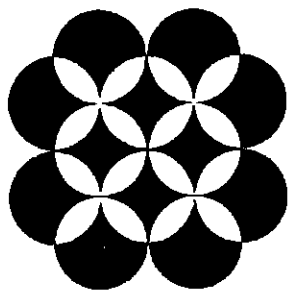
Depossession, disobession, minor exorcism, or spirit releasement procedures are not dangerous or frightening, once a client is aware of the reality of the situation, and the therapist harbors no fear of the subject. The condition of spirit attachment, if properly treated, can be cleared immediately.

However, hypnotic suggestion can mask organically caused symptoms, behavior can be altered by post-hypnotic suggestion, and the placebo effect of any kind of treatment ritual is well known. For these reasons a psychological evaluation is recommended prior to the intervention and a thorough medical examination is necessary if there are physical symptoms. This treatment cannot be considered as a substitute for appropriate medical psychological treatment.

### COMPARISON OF TREATMENT

Therapy with the multiple personality can be long and arduous for the therapist as well as the patient. The therapeutic alliance must be nurtured and strong trust established. This is the foremost principle for the treatment of MPD and must be maintained as the framework of the therapy. Through the appropriate use of hypnosis, the various alter personalities can be brought forward to the conscious level. The focus is on the whole human being, and a contact must be negotiated between the identified patient and the alters, agreeing to commit to therapy, and to shun suicide, homicide, or violence except in self defense. Work must continue at a pace which is comfortable for the patient, especially in sessions involving abreaction and catharsis of traumatic experiences. A variety of therapeutic techniques can be used, selected according to the uniqueness of the individual.

The relationships among alters must be identified, and the overall intrapsychic system determined. All personalities must be accorded complete respect as individuals, and each is afforded equal time in therapy. Awareness, empathy, cooperation



and communication are encouraged between alters. All the parts are informed about their roles in the dissociated system. This fosters a sense of the deeper unity which underlies the apparent individuality of alternate personalities.

The end of successful therapy is fusion or integration, and the individual must be protected following this. There is a need for a quiet time for the

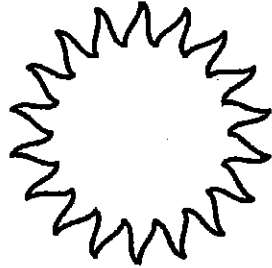
body and mind to heal, like a wound after surgery. Experts disagree on the advisability of complete fusion or integration of personalities as the treatment of choice, even though complete and lasting integration has been accomplished in many cases. In some instances, the alter personalities can maintain - and insist upon maintaining - separate and peaceful coexistence. Severe stress can once again lead to dissociation, even in a successfully fused multiple personality.

The steps in the treatment of the multiple personality can be listed as follows:

1. Trust, establishing the therapeutic alliance
2. Making and sharing the diagnosis.
3. Communicating with the personalities and honoring or validating them as individuals
4. Contracting with the personalities to continue therapy, not to harm self or others, including the therapist.
5. Individual and system history gathering. This means learning details such as the name; the age of the client when the personality was created and its present age; the reasons for creation and present function; where it was created - physically in the real world, inside the head, and the present position in the power structure; what functions it now serves; what problems and issues arise; and how it was created.
6. Therapeutically working the issues of each personality.
7. Special procedures, such as sand play, art therapy, occupational therapy.
8. Interpersonality communications, an early step to co-consciousness and integration.
9. Resolution and integration. After the conflict areas are resolved, integration is the goal. Some alters refuse to integrate, to be absorbed. Some fear they will die. An acceptable but less stable form of resolution is a co-consciousness or mutual cooperation among alter personalities. This is less than complete integration.
10. New coping skills.
11. Social networking.
12. Solidifying gains and skills.
13. Follow up.

Steps 1, 2, 3, 5, 6, 8, 10, 11, 12, & 13 are also part of the treatment process for spirit possession syndrome. Step 4 is less important, as the release is most often accomplished during the same session

as the discovery of an attached spirit, less often, over a period of two to five session. If the release is not completed during the session, it is wise to request an agreement with the entity or entities to return for another session. Regarding step 7, it is unnecessary to utilize adjunct procedures for the attached spirits. Therapy with the entity is not aimed at resolving its issues so it can lead a productive life; it has left its physical body. It has no life. The goal is to bring about sufficient resolution to release the emotional or physical bond which holds the entity to the earth plane and sever its attachment to the identified client. This will allow the next step to be accomplished - that is, moving into the Light.



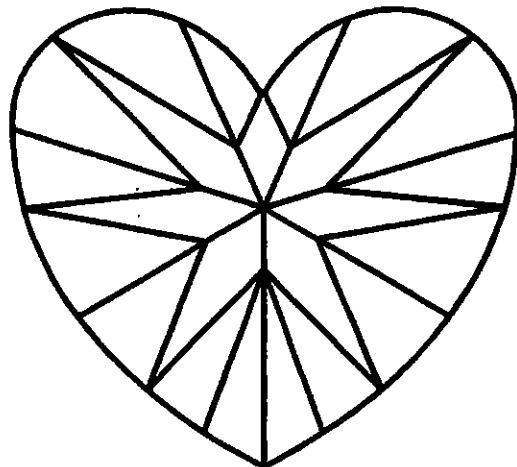
The point of widest divergence between the therapies for the two conditions is step 9. After the resolution in Spirit Releaseament Therapy, the entity is sent on to its own evolution, to its rightful place in the Light. One spirit cannot be fused with another. it cannot be forced to blend or integrate with another by separate, sovereign entity. By letting go of something, releasing some inappropriate connection, by getting rid of the burden of an attached spirit, the client is left whole and complete in him or her self, without the parasitic attachments. In therapy with multiples, the alter personalities are fused, integrated, blended with the original personality in the attempt to reestablish the wholeness which was destroyed by early trauma.

The difference between MPD and SPS may be due to the disparate theoretical frameworks, or therapeutic paradigms. It may be simply an artifact of the two distinct metaphors. It may also indicate that the two models are both valid and accurate in the description of their respective conditions. The two disorders have some characteristics in common that appear similar in outward manifestations, yet are distinct from one another in cause or precipitating factors, onset, history, diagnosis, prognosis, and successful treatment, and must be considered and treated differently. The treatment for MPD is useless and confusing for a person burdened with attached spirits.

Releasing discarnates from the person afflicted with MPD may allow for earlier success during treatment with the methods appropriate to that condition. In fact, releasing attached spirits from anyone beset by the lost earthbound souls will bring relief from imposed ailments and behavior. It is the best recourse for the condition.

### RENUNCIATION OF THE DARKNESS

*In the name of the Light,  
may God rebuke you, darkness.  
I revoke all contracts, agreements  
and initiations with the darkness  
or any being of darkness  
for now and throughout all eternity.  
I renounce all activities of the darkness.  
For as long as my soul exists I am free.  
For so it is.  
Amen.*



## EXTRATERRESTRIALS



## AND DARK ATTACHMENTS

The spiritual reality is the clinical framework, the context of regression therapy, from the beginning of creation by Source to the eventual rejoining of all the manifestations of God, Goddess, All That Is in the Oneness, the At-one-ment, the Atonement. This includes the reincarnation cycle and the condition of spirit possession. This reality included every vibrational level of physical, mental, emotional and physical manifestation of consciousness.

Some variation of the Big Bang theory may account for the physical universe. Scientist speculate that all the physical particles in the expanding universe originally exploded outward from a small, extremely dense, very hot mass. Perhaps there is a spiritual equivalent of the Big Bang, parallel in some way to the Big Bang of the universe. The memory of separation from Source as an individual spark of God consciousness is easily accessed in the altered state of consciousness.



The therapist works with the client's subconscious material, whatever form it takes. This may include personal metaphors, dream symbolism, or characters from the movies. The setting may appear to be a past era on earth, in a forest or jungle as an animal, an extraterrestrial space being on a spacecraft or on another planet or non-physical intelligence in the spirit realm,

usually of a much higher consciousness level than human. Apparently, there are other planets in other star systems in other galaxies as well as this one which support intelligent life. Past-life memo-

ries occasionally take place on these other islands in space. The various physical forms resemble humanoid, lizard, dolphin and other shapes. The intelligence level is often much higher than that of human beings. Some life forms are less dense than human physical bodies. Some seem to be pure intelligent energy from higher dimensions, higher planes of existence. Mental and Causal plane beings can intrude on this reality. Their nature is virtually unknown.

It seems that only a small percentage of God-created sparks choose life on the planet earth, but those who do must come through the portal into this particular system in order to fully engage in the process of human life, the wheel of reincarnation.

Many of the beings from other planets, dimensions, even universes choose to bypass the portal and attempt to latch onto someone else's body. Extraterrestrial beings are occasionally found as attached entities who join humans for various reasons. Regardless of intention, this is not appropriate.

They have other choices available:

1. They can return to their own Light, which may be blue or green or some other color;
2. They can move into the golden white Light
3. of this planet's recycling process and from there come into the earth plane as human in a future time.

When Extraterrestrial beings are associated with a nearby spacecraft, the Commander can usually be called in to speak through the client. In most cases the one in authority will honor the request to withdraw their crew members, exploration teams, and scientific observers or technicians.

(Edith) Fiore writes of her clinical sessions with UFO abductees. Under hypnosis, many of these people recalled the experience of being taken aboard alien spacecraft. Several investigators have attempted to document this phenomena, which is increasing in frequency.

Some beings do not want to come through the Portal in the Light to engage in the reincarnational cycle of earth. they do not want to go through the process of preparation for the earth plane in the halls of learning and the planning stage. Not wanting to bother with human birth and maturation, they may selfishly attempt to

attach to a living human and simply experience this world through the sensorium of that person. They sometimes attempt to displace the contracted spirit and take over the body completely.

Carla, a 35-year-old woman, was very upset and she burst into tears observing a demonstration of a spirit releasement. Her tears finally subsided and the entity attached to her was able to speak. It was her brother in another lifetime on another planet in a different solar system. He followed her to this system but did not want to endure the whole process of becoming a human in his own body. He wanted to crowd her to one side and take over her body.

With very little explanation he realized the harm he was doing to his sister whom he loved yet wanted to dominate in a chauvinistic manner. As he told of their life on their home planet in a distant space and time, Carla also recalled the love they had shared there and began to weep again, this time for the joy of that memory and the sadness over the loss.

He agreed to go and she agreed to release him, though the attraction of love was strong between them. More than a year later, she reported that many positive changes had occurred in her life as the result of the release of her ET brother.

The description of ET, or extraterrestrial, encompasses beings which come from a different planet, solar system, star system, even a different dimension. Some arrive here alone, while others claim to belong to groups, forming many such connections with living humans. It is not appropriate for these or any other discarnate beings to attach to living humans.

When the Light comes for these ETs, it often appears to be blue, green, silver-yellow, even violet, as contrasted with the golden white color of the Light of the reincarnational cycle of earth. Clinical practice with clients in session reveals that there are many sentient species in the universe. Some of these explore on scientific expeditions, much as our scientists explore the jungles, oceans and remote places on this globe. As our scientists probe and dissect animals to learn the secrets of life, so also do some of the extraterrestrial scientists probe human beings.

Clients have discovered such probes in various parts of the anatomy and in the chakras. These probes are nonphysical in nature yet attached in a

way which allows for transmission of information to the ET scientist's location. This can be a home base somewhere or a spacecraft hovering nearby. In the altered state of consciousness, a client can visualize the probe, often a black cord, leading to the ET laboratory. The therapist directs the question to the experimenter. This information is transmitted to the ETs, who answer through the voice mechanism of the client, just like any entity in a remote releasement.

Janet was an intuitive healer, quite adept in her work and in her life. In session she discovered a probe in her third chakra, the solar plexus. She described a thin black cord which, in her perception, led two dimensions upward. It connected to a laboratory on some sort of spacecraft. As Janet visualized the place, the therapist called out to someone in charge of the lab. Janet described some sort of humanoid form and was able to repeat its words.

Yes, it acknowledged, there was a probe inserted at the level of her solar plexus. It was for the purpose of gathering information on the member of the human species.

- **Therapist:** *How many such members of the human race have you treated in this way?*
- **Commander:** *About 3,000.*
- **T:** *This is a violation of an intelligent species. You have no right to interfere in this way.*
- **C:** *We did not know we were interfering.*

The therapist borrowed from the concepts of the TV series Star Trek. It seemed to work.

- **T:** *Cross connect us with your headquarters. We want to speak with your high command.*

A few moments passed and Janet straightened in the recliner. Her voice took on a different tone; her manner was almost imperious.

- **C:** *What do you want?*
- **T:** *Your scientists have placed probes in 3,000 human beings without consent.*
- **C:** *Yes. They are gathering data.*

The therapist again used the images from Star Trek, specifically the notion of the "Prime Directive"; Non-interference with a sentient species.

- **T:** *You are gathering data from unwilling subjects. Aren't you aware of the prime directive of non-interference? You are not to interfere with another sentient species.*
- **C:** *Yes, we are aware. We did not mean to interfere, only to gather data.*

- **T**: *We protest this violation of the prime directive.*
- **C**: *What would you like us to do?"*
- **T**: *We request that you withdraw your probes from every human being on this planet.*

There was some hesitation, as if there was discussion in the background.

- **C**: *We will withdraw all the probes. We have gathered enough information.*
- **T**: *Thank you.*
- **C**: *You are welcome. Good-bye.*
- **T**: *Good-bye.*

The commander was already gone. The scientist apologized and completed Whatever task remained.

Janet came out of altered state as bewildered as the therapist. Are these visualizations valid? Are humans perceived by more highly developed beings as nothing more than subjects to be randomly



probed, examined and tested, much like lab animals to an earth scientist? Several clients have experienced such probes, implants, and testing devices. The therapist must work within the paradigm which emerges as if it were real. At some

level of consciousness, it is real for the client.

Author Whitley Strieber described his decidedly unpleasant encounters with alien beings. He claims they placed probes or needles in his skull. Many people have made similar claims of probes placed up the nose into the brain. Strieber has X-ray films of his skull showing a small shiny object beneath the surface on each side of his skull close to his ears. The doctors cannot identify these shiny objects.

In the time of Atlantis, the main source of power on the continent was a huge crystal which somehow generated energy by balancing cosmic power and earth power. This energy could be beamed to vehicles on land, on or under the sea and in the air. It could also be used to control the citizens. Apparently, quartz crystals of varying sizes ranging from tiny ones of a millimeter or so in length to large ones nearly a foot long were surgically implanted in the bodies of the Atlanteans. The longer ones would be placed in the chest cavity just in front of or immediately behind the Sternum. Smaller ones could be placed anywhere in the body, near organs, in the shoulders, the back, the wrists, even in the skull.

Somehow, the implanted crystals could be made to resonate with the giant power crystal and the citizen could be manipulated. The etheric pattern of the implanted crystals still remain with some people living today. The power crystal is supposedly inactive now but the intrusion in the body is somehow still having an effect.

The therapist calls on the spirit surgeons of Light to be present in the session. These etheric doctors are asked to remove the crystal implants, including their etheric patterns in the client's physical, mental, emotional and etheric bodies, and to undo the consequences of the implants.

Some futurists have predicted that citizens of earth will someday have implanted in their brain a small computer chip. It will ostensibly carry vast amounts of information which will be available to the person. It will also be a connection with some central location, some central authority, some "Big Brother" who will be able to not only keep track of the citizen but to control him as well.

(Extraterrestrials) attach to humans for many reasons. Some claim to be using the eyes and ears of the human as they themselves do not have the proper apparatus to perceive this reality, dimension or plane. They cannot interpret the band of the electromagnetic spectrum which is seen as color, nor can they interpret sound waves.

Many people who attempt to channel some higher source of information are deceived by opportunistic extraterrestrials. Channeling or mediumship is a temporary possession by another being, with permission of the host, but for a specified purpose and limited duration. In many cases of channeling, the being coming through refuses to leave at the end of the channeling session. This becomes a permanent spirit possession or attachment by an extraterrestrial.

People call out for a visitation by extraterrestrials, or space brothers. The motivation can be curiosity or a genuine call for help for this disintegrating civilization. They will come at the call, and the person calling better have something important to ask. The extraterrestrials are serious and have their own mission to accomplish. The call for help can be interpreted as permission to connect to the human being. This attachment can be enormously destructive to the hapless victim.

Some attached extraterrestrials assert flatly that they are taking over the world in this manner.

They will simply suppress the human will, control human bodies and live here in these physical biological vehicles.

Others claim to be conducting experiments much as earth scientist conduct animal experimentation. They have implanted physical and non physical probes and various types of devices into humans for the purpose of gathering information. There are numerous reports of Shiny, metallic nodes found in various locations in the skull.

The extraterrestrials express various reasons for being here, but most have no compunction about the invasion, no hesitation regarding the violation of the free will of the affected human. Basically, there is no concern for the Prime Directive of non-interference with a sentient species, to borrow from Star Trek.

Attached extraterrestrials may be lost, marooned or retired here on the earth. They may be associated with a nearby spacecraft, surveying or gathering information. Through the consciousness and voice of the client, the focus of the session shifts to the command hierarchy, beginning with those in the spacecraft. The highest ranking leader, the commander-in-chief, is the final target goal. the space commander, crew leader or the science officer can be summoned. Lines of communication are maintained between all members of this alien crew. The client can repeat their words as they speak. They may reveal that they are under orders and are part of a fleet of several such crafts on similar missions around the earth. They can cross-connect with base headquarters. The client can repeat the words of the base commander.

In some cases, the base commander will acknowledge the intrusion and will agree to remove the probes, the communication devices, the implants or whatever invasive mechanisms have been placed. They sometimes claim that they were just doing experimentation, much like earth scientists and did not realize that humans would either be aware of the intrusion or object to the work. they give the appearance of compassion and quickly cooperate with the request to disengage.

In other cases, however, the base commander may be evasive, deceitful, even defiant and refuse to remove the intrusions. Even so, he will usually divulge the information that there is a high dark being who controls his people. the therapist demands, not personally, but in the name of the

Light, to speak to the highest in command of his group.



The high dark commander will grudgingly come through. The client is again cautioned to refuse permission for it to approach or to control the body or voice in any way. The client can repeat the words of this dark-energy being. This dark one may be a former Angelic being who followed Lucifer, the Prince of Darkness. Though very powerful, these errant beings exist in terror of Lucifer and his ostensible might.

They are jealous of his power and envious of his legions.

They attempt to establish their own kingdom of dark-energy beings, their own organization of dark interference. Somehow these dark Princelings have convinced, induced or forced various groups of extraterrestrials, through coercion or temptation of the rulers, to obey them. The rulers agree to a pact with the dark forces, and an entire race of extraterrestrials comes under subjugation. Once this is accomplished, the dark underlings, the minor demons, are assigned and attached to the extraterrestrials. this generates the same distortion of thinking that humans suffer with the same affliction. The extraterrestrials are then motivated to greed, power, domination, aggression, antagonism, and exploitation without compassion.



When this condition of attached extraterrestrial being with nested demonic is discovered in session, the same process of releasing nested demonic beings from earth-bound spirit is initiated. The aliens are freed of their dark burden. The demonic beings are the same on this planet and any other where the Lucifer energy has penetrated. The same spirit releasement process works.

There are planets and perhaps universes where the Light has not penetrated. The Lucifer energy arrived there first, and is considered God in some of these planets. The dark ones are treated with the same proce-



dures and transported to the Light of this universe.

The aliens are sent back to their spacecraft, base headquarters, or the Light. In some cases, they are from another, perhaps parallel, universe. The Light from other universes is often described as a different color such as purple, blue, or green. The Light in this universe is always seen as golden white. The dark Princlings nearly always capitulate without much resistance. They are very intelligent and remember clearly the Light and their place in it before the rebellion. They are repentant and often tired of the struggle. They welcome the opportunity to return home to the Light. Their entire dark network can be herded into their appointed place in the Light. Perhaps an entire alien civilization can also be liberated and turned toward the truth of the Light.

In materialistic Western culture, even in the churches, the existence of an actual Prince of Darkness with legions of demons in his command is considered as symbolic, metaphoric, even mythical. Whether the force of Darkness is a figment of imagination, a product of the ranting of zealous prophets, a creation of the collective unconscious, or something else unknown, the speculations regarding good and evil will without a doubt continue unabated.



In clinical practice there is no need for concern regarding religious conjecture. Whether it is imagination, archetype, collective hallucinations, mass hypnosis, a projection of the beliefs of the therapist or something else again, the Dark Forces seem to exist in some form in this reality. Beings of Darkness seem to be present and actively involved in our personal and planetary evolution. The Dark Ones may sever spiritual evolution as a sort of "thrust block," from which a being can choose for the Light. The choice between Light and Dark may be the most important choice a spirit being can make. The Light and the Dark may offer a polarity of the same force to allow human being to exercise the God-given gift of free will.

The shadow is described as the darker personality of each human being, that which is dreadful or evil and disapproved of by the conscious mind. There are also evils which are acknowledged by

the majority of men and almost universally rejected. The archetype of the devil is the nucleus around which these rejected elements gather, and it is from this nucleus that they in turn derive their power. The devil appears in some form in all religions and myths. He is seen as the eternal opponent of all that is good in the world.

For the purpose of this therapy, the devil or Satan or Lucifer is not categorized as a metaphor, archetype or as an existent being but as one aspect of the spiritual or non-physical reality, a historic construct which is meaningful in the therapeutic work with the client who presents these symptoms or images. This is not a statement of belief or disbelief.

There is one power in the universe. It is the Power of the Light. It is the power of love, healing and spiritual evolution. The power of the Light can be distorted and misused by anyone with such miscreant intention to damage or destroy others. This abuse is a violation of the free will of the victim, the person who is the object of the distorted force. It also violates the basic nature of the perpetrator; to misuse the Power of the Light is to incur severe karmic debt.

At the core of every created being is a spark of Light, a spark of the God consciousness. Denial and defiance of this spiritual heritage is a denial and defiance of God. At the innermost core, each being knows the truth of its identity. This cannot be denied. It is the way home.

#### CE-VI: CLOSE ENCOUNTERS OF THE POSSESSION KIND

The technique of Spirit Releasement Therapy can assist a client in an altered state consciousness in discovering attaching entities. Many clients find dark force entities as well as earthbound spirits of deceased humans. The attached entities can speak through the voice mechanism of the client.





The dark beings are extremely hostile, arrogant, aggressive, egotistical, and controlling, and can influence the behavior and attitudes of the client. Discovery of such an attached being often disgusts, surprises and frightens the host. The dark being will describe its mission as some form of interference, interruption, or disruption of the life and purposes of the individual, the

family, an organization, or members of his/her profession.

It is not unusual to discover an attached entity which turns out to be an extraterrestrial. This is not the spirit of a deceased ET, but an alien in its normal form; non-physical. Usually, they are not hostile, aggressive, nor threatening. They are intrusive secretive, and do not like to be disturbed in their work. Once discovered, however, they will speak freely.

The extraterrestrials have no compunction about the invasion, no hesitation regarding the violation of the free will of the affected human. Basically, there is no concern for the Prime Directive of non-interference, to borrow a notion from Star Trek. Attached extraterrestrials may be lost, marooned or simply in residence here on earth

They may be associated with a nearby spacecraft which is on a "scientific" mission. Through the voice of the client the ship

commander will speak. They may reveal that they are part of a fleet of such craft on similar missions around the earth. They can connect with base headquarters, either on a space station on the homeworld. The client can repeat the words of the base commander. In the altered state, this kind of "channeling" is quite easily accomplished. As a precaution, the client establishes the boundary and refuse permission for the other being to control voice, mind, or body.

*This is more like simultaneous translation than channeling.*

These ET's claim to be conducting experiments. They have implanted physical and non-physical



probes and various types of devices into humans for purposes of communication, location, and control of the person. Some experiments involve the emotions or the sex drive which can be increased or decreased. The results of these manipulations are gathered as "scientific" data. The resulting emotional anguish of the human "subjects" is gathered as an energy source by the dark being in charge behind the scenes.

In rare cases, the base commander will acknowledge the intrusions and will agree to remove the implants or whatever invasive mechanisms have been placed. They claim that they did not realize that humans would either be aware of the intrusion or object to the work. They give the appearance of genuine concern and quickly cooperate with the request to disengage.

Some of these aliens are quite arrogant and hostile, assert flatly that they are taking over the world in this manner, and there is nothing we can do about it. They plan to simply suppress the human will, control human bodies and live here in these physical biological vehicles. Further probing reveals that these aggressive ET's are under the influence of dark force beings. This overpowering behavior is a universal sign of demonic intrusion.

In these cases the ship commander or the base commander may refuse to remove the intrusive devices and the attached alien technicians or operatives. He will usually divulge the information that there is a high dark being who controls him and all others of his homeworld, and we had better watch out! The therapist demands, in the name of the Light, to speak to the highest in command of this group of dark or demonic beings. Shades of Darth Vader!

The high commander will grudgingly come through. This one normally remains on the homeworld, near the ruling council. They are truly the "power behind the throne." (Could this be what is happening in own circles of government?) Though very powerful, these errant beings are in terror of Lucifer and his ostensible might. They are jealous of his power and envious of his legions. They attempt to establish their own kingdom of dark force beings. Somehow these dark "Princelings" have convinced, induced, or coerced groups of extraterrestrials to serve with them.

Many humans have made pacts with the devil, in this life or prior lifetimes, for various self-serving



purposes such as wealth, power, or the favors of a beautiful woman. Once these contracts are established, dark entities assigned and the human servant of the dark forces continues his work through his own physical body, in bondage to, and totally controlled by the dark forces for a very long time. the Dark One delights in offering such transient rewards in return for the eternal soul of the bargainer.



Similar contracts have apparently been made in the past between the leaders of alien civilizations and the dark forces. The members of the ruling council of an alien civilization agree to a pact with the dark forces, and an entire race of extraterrestrials comes under subjugation. Once this is accomplished, the dark underlings, the minor demons, are assigned and attached to the extraterrestrials. The extraterrestrials are then motivated by greed, power, domination, aggression, antagonism, and their vocation becomes exploitation without compassion. The inhabitants of earth becomes a target of this assault. If this condition of attached extraterrestrial being with nested demonic is discovered in a therapy session, the process of releasing nested demonic beings is initiated. The legions of dark force entities and their superiors of every rank are taken to their appointed places in the Light. The aliens are freed of their dark burden. The demonic beings are the same on this planet and any other where the Lucifer energy has penetrated. The SRT procedures are effective. The next step is to release the attached and interfering aliens and send home any ET teams or spacecraft nearby. The ship commander will cross-connect with the homeworld ruling council. The council leader will speak. They freely acknowledge the long-standing bargain with the dark forces in return for power over their own citizens and expansion into the universe. The actual power was wielded by the dark force leader, but once established, the pact held the entire civilization, including the ruling council of leaders, in dark bondage. The council members did not know how to get out of the bargain. They are always terribly relieved to receive this assistance.

They agree to withdraw their operatives attached to humans, recall their fleet of craft, and cease their intrusions on our planet. With this release of the dark forces, an entire alien civilization can also be liberated and turned toward their path of evolution in the Light.

There is one power in the universe. It is the Power of the Light; it is Flow, not Force. It is the power of love, healing, and spiritual evolution. The power of the Light can be distorted and misused by any being with such miscreant intention to damage, control, or destroy others. This abuse is a violation of the free will of the victim, the person who is the object of the distorted force. It also violates the basic nature of the perpetrator; misuse of the Power of the Light is a step backward in spiritual evolution.

At the core of every God-created being is a spark of the God consciousness. Denial and defiance of this spiritual heritage is a denial and defiance of God. At the innermost core, each being knows the truth of its identity. This cannot be denied. It is the way Home.



<sup>1</sup> Alien drawings by Karen Ryan, PO Box 9306, Niskayuna, NY 12309

## DEHAUNTING HOUSES

Think of haunted houses and your mind might conjure up sounds of footsteps on staircases, faucets turning on and off; toilets flushing by themselves, moans in the basement or attic, images of lights turning on and off by themselves, creepy sensations of cold in certain rooms. Some people experience nightmares in such a house, but only in specific rooms. It seems everyone knows about haunted houses. This is a favorite theme of horror stories in books, movies and television, even in entertainment parks like Disney World.

Some animals behave strangely in certain rooms of a house. One investigator took a rat, a snake, a cat, and a dog into a reputedly haunted house.

The purported ghost seemed to be sitting in a rocking chair in a particular room. The cat walked in front of the chair, turned to face it, arched her back and hissed. The snake slithered around the room, then coiled in strike position before the chair. The dog would not enter the room, but barked nervously outside the door. The rat ran about the room totally unaffected and unconcerned.



In California, it is a law that an owner of a house known to be haunted must inform a prospective buyer of this condition. In New York a few years ago, the contract of sale of a house was nullified by the court after the new buyers discovered signs of resident spirits. The young couple didn't want to live in a haunted house

We called the real estate agent who found this couple a house in Florida after they recouped their monies. She was familiar with the case yet when she heard the description of our "dehaunting" service, she laughed uncontrollably for several minutes. When she stopped laughing, she described several properties which would not sell. There had been violence and death and no one seemed interested in buying or even in coming near the properties. I suggested the possible benefit of "de-haunting" these locations. She started laughing again. She understood the notion, but was not clear on the concepts we were explaining or the services we were offering. Needless to say, she has not called on us.

Houses can be infested with the same types of entities that afflict living humans: earthbound human



spirits (EBs), dark force energies (DFEs), extraterrestrial beings (ETs), thought forms and other energies. The same SRT techniques used to resolve the unfinished business the emotional ties which

hold human spirits earthbound are used to ease the suffering of these haunting spirits and send them into the light.

The DFEs are drawn to scenes of hatred, rage, drug traffic, sexual torture, murder and war zones where emotion runs high. This includes religious fanaticism in such places as the Middle East and Bosnia, and political enmity such as the puppet war between the U.S. and the former USSR in Korea, Vietnam, and other venues.

Remote spirit release techniques are particularly effective with DFEs involved in houses and other buildings, locations such as crime scenes, Satanic cult ritual abuse, even portals of entry cracked open by some agreement or pact with the devil by someone in this life or an earlier lifetime. ETs in league with DFEs seem to utilize these portals.

ETs are connected to families which are subject to abductions on a regular basis, sometimes through several generations. These can be discovered in or around a house or attached to one or more of the people who live there. The ETs who claim to be gathering "data" are usually found to be under the control of the DFEs. There are implanted devices for communication, location monitoring, or controlling behavior and emotions in the target person. In many cases, a non-physical ET technician or operative is present to oversee the "research". The real reason for the implants and the presence of the ET technician is to cause emotional upset and anguish in the host person, the "experimental animal." This anguish produces an energy which is harvested and stored as sustenance for the DFEs. The "scientific survey" is a cover for the typical demonic intrusion into the lives of living humans.

The process of dehaunting a house can be accomplished in two ways. The first involves being present in the building; a facilitator and the medium or intermediary conduct a remote spirit releasement on the house. The intermediary can be a person who lives in the house, usually a woman, as women seem to be able to accomplish the intermediary function more easily than most men.

First, those persons present join their intention and the facilitator voices an invocation of Light or a prayer of protection (this is done from a place of awareness of possibilities, not fear of the unknown).

*"We call on the presence and protection and guidance of the Light for the work at hand."*

The words can vary from this formula. It is the intention that is essential here.

The intermediary is guided into the altered state of consciousness. Standard procedure in any remote spirit releasement is for the intermediary to establish the boundary, led by the facilitator. The facilitator speaks the phrase and the intermediary repeats:

*"To anything or anyone in this place or these surroundings."*

The intermediary repeats the phrase:

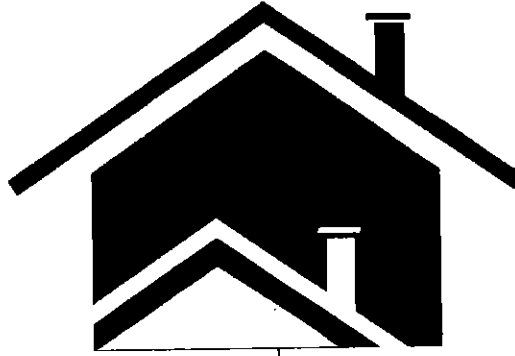
*"You do not have the right, and I refuse you permission. to control my voice, my mind, or my body in any way."*

The intermediary repeats:

*"And I will repeat your words."*

The intermediary completes the boundary statement. The facilitator expands this boundary:

*"We(includes all persons present) join in this refusal; nothing and no one in this place has the right to control any of us in any way."*



During the process, the facilitator observes carefully for signs of encroachment by any entity. If the intermediary begins to take on a facial expression of anger, belligerence, or the jaw begins to protrude as in defiance, the facilitator calls out to the intrusive entity:

*"Back away from her. You have no permission to control her in any way. We have joined to refuse you permission to control any of us. In the name of the Light, back away from her."*

The intermediary will relax and assume the peaceful expression of a person in the altered state, and can continue to repeat the words of the entity or entities. Remote spirit releasement is a process of conscious simultaneous translation rather than challenging. The session can proceed.

**Facilitator:** *"I call out to anything or anyone in this place. We welcome you to speak your thoughts and \_\_\_\_\_"(name of intermediary) will repeat your words. No one has listened to you before this time. You have the chance to speak and we will listen."*

This might bring a plaintive cry for help.

*"If there were someone here who could speak, what is the first thing you would say, right out loud?"*  
This might elicit a disgruntled entity who resents being disturbed.

*"Anyone here who doesn't want to speak. What would you say to us?"*

The response might be hostile, crude, even foul language. The nature of the response helps in the differential diagnosis between types of entities. Once the entity begins to express its thoughts telepathically and the intermediary repeats the words, the process can proceed to completion like any other SRT session. The entities are released to the appropriate places in the Light.

The second approach is a remote spirit releasement session conducted in the normal office setting of the therapist or facilitator.

Again the intermediary, usually the person who lives in the house, is led into the altered state and

the facilitator offers the invocation of Light. This prayer can be used at the beginning of each of our sessions:

*"We are here only to be truly helpful and harmless. We are here to represent You Who send us. We do not have to worry about what to say or what to do, because You Who send us will direct us. We are content to be wherever You wish, knowing You go there with us. We will be healed as we let You teach us to heal."*

The facilitator guides the intermediary in setting the boundary. The next step is the connection. In a remote spirit releasement session for another person, living or deceased, the intermediary brings an image of the target person into her awareness, connects with the eyes, then per mission to do the work is requested from High Self. In a remote session of dehaunting a house or other location, the intermediary is asked to imagine standing before that house, to get a feel of the location, and to begin to explore in the inner space for other energies.

Focus on the house. All around the entry, the grounds, the roof. What do you perceive? Are there any shapes or shadows, faces or forms, anything at all. Describe anything that comes. If there are unwelcome entities, they are discovered released appropriately.

*"Move into the house now. Look around. What do you perceive in the \_\_\_\_\_ (entry, living room, kitchen and dining areas, bedrooms, bathrooms, upstairs or basement, garage and storage areas)?"* Exploring the various areas in the house in this way will usually expose any unwanted visitors and intruders of various types, and each individual or group of beings is released appropriately to their appointed places in the Light.

The facilitator can call on Light beings for the final cleansing:

*"I call on the cleanup teams of Light to move through the house; every space behind the walls, beneath the floor, in the attic and all dark, hidden places and spaces, every piece of wood, plastic, wire and metal and pipe, cable and conduit, masonry, fabric, rubber, hoses and fixtures, and cleanse any darkness or harmful energies. Clear out these energies from the ground beneath, the air above, and the surrounding areas. Take this energy to the Light where it can be transformed and transmuted. Leave a filter of light on every entry, every opening to this house; every wire, pipe, tube, cable, every window, door or opening of any kind."*

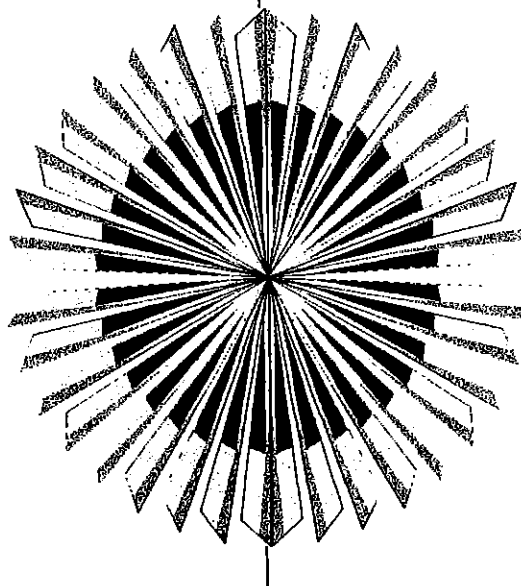
The location is visualized as filled with light. Portals, rifts in the time/space continuum, are detected in such a remote dehaunting session. The flow of dark energies through these portals must first be halted, then the portal can be closed and sealed.

For this task, we ask for help:

*"We call on Archangel Michael and the Legions of Heaven for assistance in gathering the legions of dark ones that have come through this portal, to trace their path from whence they have come and wherever they have gone. Legions of heaven, move into the portal and gather those dark ones that stand ready to move through. Gather those dark energies that hold open the portal and begin to close this portal, to seal this rift, that nothing can use it or even locate it again."*

*"We call out to the source of this portal. We call to the one responsible for this rift, this portal. We call on the one responsible for opening this portal in this place."*

This might elicit an earth-bound human spirit, controlled by the dark forces, who started the whole thing. It might be someone associated with the family living in the house, genetically related or reincarnationally linked; it might be someone totally separate from the people living there.



The DFEs can be released from this confused entity. It can be guided through the events that led to its involvement with the darkness, it can speak the Renunciation of Darkness (see page 11), and it can be taken home to the Light. This puts an end to the original invitation, the opening to the darkness.

This is the first step to sealing the portal. Sessions may have to be conducted with each person living in the house, directly or remotely, to ensure no further invitation to the darkness exists in that place. These errant forces will take advantage of any minute vulnerability or invitation. A second remote session through the intermediary a few weeks later is advisable. The results of the first session can be assessed, and any further clearing work can be completed.

The house will feel much "lighter" as these energies are released and many lost and confused discarnates as well as DFEs and possibly some ETs will be on their "way home." The process can be used on houses, buildings of any kind, locations such as battlefields, airplane crashes, and other sites of human tragedies, locations such as the Holocaust Museum in Washington, DC, the Vietnam Memorial, and other such emotion-laden monuments. It is a wonderfully loving service to humanity and all Life, Love, Consciousness.



All articles by Dr. William Baldwin are copyrighted by The Center for Human Relations and reprinted with permission.

**LOVE**

**IS**

**THE**

**LIGHT**

**OF**

**THE**

**WORLD**

**LOVE**  
**IS**  
**THE**  
**LIGHT**  
**OF**  
**THE**  
**WORLD**

**LIFESTREAM ASSOCIATES**  
70 SABLE CT.  
WINTER SPRINGS  
FL 32708-4117 USA  
TEL/FAX: 407-699-1672

**BULK RATE**  
**U.S. POSTAGE PAID**  
**WINTER SPRINGS**  
**PERMIT NO. 333**

**THE LIFESTREAM LETTER, EDITOR AND PUBLISHER: RON AND ROBERTA CARSON**  
**©1997 LIFESTREAM ASSOCIATES, 70 SABLE COURT, WINTER SPRINGS, FL 32708 USA**  
**TEL AND FAX: 407-699-1672**